

"I sat down and wept" Neh.1:4

1. THE NATURAL REACTION. "Sat down & wept"

- a. It was the result of bad news. 3
- b. It was sorrow for his people, city, and land.
- c. It was the weakening power of bad news.
- d. It was an outer expression of sorrow

2. THE SPIRITUAL REACTION. "Mourned"

- a. As for one that had departed.
- b. It was a mourning of the heart.
- c. It was an inner thing that was aroused by the condition of the remnant in the city of Jerusalem.

3. IDENTIFICATION WITH HIS PEOPLE.

- a. Sorrow--He fasted. His fasting was
- b. Sorrow had deprived him of desire.
It may have been of two kinds.
 1. Involuntary. No desire because of others need.
 2. Voluntary. A voluntary deprivation of food, because he would not enjoy pleasures that were denied to his less fortunate brethren.
Also gave more time for prayer.

4. RECOGNITION OF GOD'S POWER. "Prayed"

- a. Resort in time of need.

5. BEFORE THE GOD OF HEAVEN.