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5. What does Paul mean when he advises the church to deliver someone to Satan for the destruction of the flesh?

The incident our listener is referring to is found in 1 Cor. 5. There was a believer in that church who was living in adultery and this was well known. Yet the church had done nothing about it. So when Paul wrote he told them to do something about disciplining the man, and he said that they should deliver him over to Satan for the destruction of the flesh. Now that means that they were to put him out of the fellowship of the church--a kind of excommunication--. Now since Satan is the prince of this world, if a person is put out of the sphere of help of the church, he will be delivered into the sphere of Satan, the world. So to deliver to Satan means to consider the man as if he were not a believer but were back under the influence of Satan.

What does Paul mean for the destruction of the flesh?"

He means that some physical punishment will undoubtedly follow this act of discipline. And we do know that God sometimes uses Satan to inflict some physical punishment on a believer as a kind of spanking of that person. But notice very carefully that the purpose of all this is to restore the man and there is no question but that he does not lose his salvation, for Paul adds "that the spirit may be saved in the day of the Lord Jesus." Hopefully, he would heed the punishment, ~~but~~ and we have reason to believe from 2 Cor that he did; but even if he didn't he would be saved.

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6. Who changed the Sabbath?

That's an easy one to answer. Who changed the Sabbath? No one. The sabbath is still the sabbath. If you don't believe that, then telephone your local synagogue and ask them when they are having their weekly sabbath service. And they won't tell you Sunday morning at 11 a.m. The sabbath begins with sundown Friday evening and continues to sundown Sat. evening. The early Christian missionaries used the sabbath for witnessing to Jews simply because that was the day the Jews met for worship. So when the Christians went to the synagogue they had to go on the sabbath.

Why don't we as Christians today worship on the sabbath?

Because we worship on the day that Christ arose from the dead, and that was the first day of the week which is Sunday. Even though the early Christians went to the synagogue to witness on the sabbath, they met on Sunday ~~where~~ in their own groups to worship the risen Lord. Sometime read Acts 20:7, and you'll see the believers at Troas worshipping on Sunday. So nobody has changed the sabbath, but the Christian church rejected it as their day of worship and used Sunday. Even though many of the commandments of the OT law are repeated in the N.T., the one that says remember the sabbath day to keep it holy is not repeated. 9 of the 10 commandments are repeated in the epistles (some of them several times) but nowhere is the church told to keep the sabbath. We worship on Sunday and by doing so, remember the resurrection of our Lord.