

## THE BALANCED LIFE

Intro. Agree that Jesus was perfect. Yet grew and learned, Heb 5:8. Under instruction at home and developed along 4 lines.

## I. Intellectual.

All life you are leaning. It's just a ? of what. Never let school interfere with ed. What is that other ed you speak of? What do with spare time, weekends, nights, vacations? Let me suggest some things that belong in that ed which is in additn to PCB

## A. Extra-cur activities.

Singing. St Council (if don't like something get elected and do something). Dorm, social, radio. Yearbook. e.g. correspondence course in writing. Same as News experience.

## B. Sightseeing. Last year amazed to hear griping about going to Wash. Inexpensive. Save from bowling, skating, even eating to go to NY. Be sure see historical sights of Phila.

## II. Physical.

Always take care of body. Sleep esp. Exercise. X did from hard carpentering. Participate in whatever sports you can. Don't overdo but don't eliminate. Learn something that you can do rest of life. Physically should grow attractive. Look neat, clean.

## III. Social (favor with man). Favor-grace. Gracious.

- A. General manners. Personal. Relatn to self. No excuse bec Xn and don't criticize others for criticizing you if not well mannered. Applies to being gracious in spiritual convictions.
- B. In Relatn to others. Know lit (P did). Know culture of time. Academy. Museums.
- C. In relatn to one other. Date around. Don't be lazy and convenient and comfortable. Date sensibly. If Lord leads to one than be sure and be patient and be part of society.

## IV. Spiritual. Real spirituality will produce social graces, Gal 5:22-23. Ladies and Gentlemen